

STOCK UP & SAVE

Over 65 items on sale this month.
Order at marketday.com.



**1-800
FLOWERS
SPECIAL OFFER**
See page 10

**BUY MORE.
SAVE MORE. P. 3**
45240 Chocolate Chunk



2050



5131



7782



7151



3436



2 SIZES!

3069 | **12-PACK**

3146 | **4-PACK**

2050 Seasoned Salmon
Reel in the catch of the day. A Market Day exclusive. Lightly seasoned. 4-5 oz./\$17.49 **\$16.49**

★★★★★

7782 French Breadsticks
Bakery fresh aroma and taste in minutes. Crispy outside. Soft & chewy inside. 20-1.5 oz./\$9.29 **\$8.29**

★★★★★

3436 Colby Jack Snack Sticks
Individually wrapped for convenience. 24-.83 oz. sticks/\$9.49 **\$8.99**

★★★★★

5131 French Toast Sticks
Thick-cut, dipped in creamy batter. 43-45 sticks/2.5 lbs./\$7.99 **\$7.49**

75¢
per serving

7151 Cheesy Baked Potato Soup
Potatoes, creamy cheddar & bacon. Heat & serve. 32 oz. pouch/\$9.69 **\$9.19**

3069 ChicNSteakes - 12 Pack
Top Seller. 99% fat free. 12-4 oz./\$14.89 **\$13.89**

★★★★★

3146 ChicNSteakes - Trial Size
4-4 oz./\$5.29

★★★★★

\$1.16
each

2 SIZES!
12-Pk & 4-Pk

NEW!



3180 Teriyaki Chicken Kabobs
Tender white meat marinated with ginger, garlic & teriyaki. Vacuum sealed, pre-skewered, ready to cook. 100 cals, 3 grams fat/kabob. 8-3 oz./\$12.99

NEW!



3198 Gourmet Bistro Chicken
Inspired by French cuisine, seasoned with garlic and butter. Fall-off-the-bone tender. Skin-on for ultimate flavor. Succulent & juicy. 2-1/2 Chickens/\$11.99

NEW!



7330 A Sauce For All Seasons™
Deliciously versatile, this sauce can be used on anything. Sweet and tangy flavor with just a bit of heat. 18 oz. wt. bottle/\$3.99

See recipe ideas on marketday.com/sauce.

GET BOTH FREE

See page 10 for details



FREE
Quick 'n' Crispy
Shoestring Fries
with \$40 purchase

PLUS

FREE
1/4 lb. Beef Patties
w/\$90 online purchase
Promo Code: **MAYBONUS**



KEEP YOUR COOKIE JAR FULL

The more you buy, the more you save.*

Buy 2, Save \$1 | Buy 3, Save \$3 | Buy 4+, Save \$5

5240



5241



5242



5243



5244



5245



5246



5247



5248



5240 Chocolate Chunk Cookie Dough

Enjoy hot from the oven any time. Loaded with chunks of creamy chocolate for a warm chewy taste when you crave it. 48-9 oz./\$14.50

5241 Chocolate Mint Chip Cookie Dough

A gourmet twist on the classic chocolate mint cookie. Chocolate cookie dough studded with creamy mint chips. 48-9 oz./\$14.50

5242 Lemon Cooler Cookie Dough

Nothing could be cooler. The refreshing tang of lemon and the creaminess of white chocolate chips combine for a gourmet cookie delight. 48-9 oz./\$14.50

5243 M&M® Cookie Dough

America's favorite chocolate candies mixed in a sweet golden dough. A colorful, rich 'n chewy crowd pleaser fast from your oven. 48-9 oz./\$14.50

5244 Oatmeal Raisin Cookie Dough

Raisin' the bar on chewy cookies. A wholesome classic with a whirlwind of plump raisins, country-style rolled oats & fragrant cinnamon. 48-9 oz./\$14.50

5245 Peanut Butter Cookie Dough

Homemade taste without the hassle. Yummy peanut butter dough chock full of creamy peanut butter chips for layers of flavor. 48-9 oz./\$14.50

5246 Snickerdoodle Cookie Dough

An irresistible and aromatic cookie that captures the cinnamon-sugary flavor of your favorite childhood toast in ready to bake scoops. 48-9 oz./\$14.50

5247 Sugar Free Chocolate Chip Cookie Dough

Sneak in a sugar-free treat. Guilt-free, mess-free and loaded with excuses to indulge, our buttery-sweet cookie doesn't skimp on chips. 48-9 oz./\$14.50

5248 White Chocolate Macadamia Nut Cookie Dough

Impeccable choice for the ultimate cookie connoisseur. White chocolate and lip smackin' gourmet macadamia nuts in a rich dough. 48-9 oz./\$14.50

Delicious. Convenient. No scooping required.

All selections are pre-portioned for easy baking. From freezer to oven to tummy in no time.

*Limit 1 qualifying offer per customer. Not valid at Market Day/Sara Lee stores or on Peapod orders. Savings will automatically be applied to your order with qualifying purchase. Prices valid for sale dates 4/29/12-5/26/12. Promotions and programs are subject to change or termination at any time without notice. All products may contain traces of nuts and tree nuts.

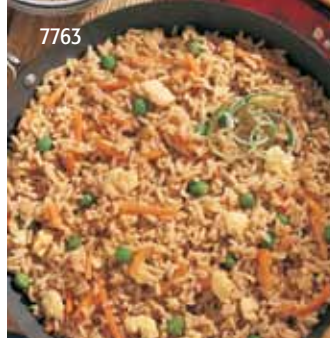




2405



3108



7763

Stock Up For Summer

With sports and outside activities, you'll surely be in need of these delicious, convenient items. Keep your kids happy—make sure you have all of your favorites on hand for the busy summer to come.

2405 Oven-Ready Butterfly Shrimp

Crispy and quick straight from your oven. Big butterfly shrimp bursting with flavor then breaded with a crunchy topping. 18-25 per lb./2 lbs./\$16.99 **\$15.99**



3108 Chicken Fries

Crispy chicken cut to resemble fries. An irresistible kid favorite. 96-120 pieces/3 lb. resealable bag/\$14.99 **\$13.99**



7763 Vegetable Fried Rice

Everything but a fortune cookie. Loaded with crunchy carrots, peas, onions and eggs for authentic taste. Sauce packets included. 2-1 lb. rice/2-2 oz. sauce/\$8.49 **\$7.99**



4688

4688 Broccoli Florets

Make room on your plate for Grade A fancy florets. No stalks or stems. Big 4 pound box. 2-2 lb. resealable bags/\$9.49 **\$8.99**

43¢ per serving



4042 Breaded Mozzarella Sticks with Sauce

Stretchy, chewy and covered with a crispy Italian style breading. Ready in minutes for snacking and dipping. 35-45 sticks/6 sauce packets/3.25 lbs./\$13.39 **\$12.39**



4042



3184 | ONLY 180 CALORIES

3184 Naked Broccoli & Cheese Stuffed Chicken

180 delicious calories and 24 grams of protein! Unbreaded, boneless chicken breasts stuffed with broccoli and a blend of cheeses. 4-5 oz./\$10.59 **\$10.09**



3455



1215



8180

3455 Cheese Pizza Eat-zzas™

Individual deep-dish pizzas with a unique flaky style crust. Oven or microwave. 6-5 inch/\$8.39 **\$7.89**

1215 Italian Style Meatballs

The meatball that made Market Day famous. This top seller combines Italian seasonings and zesty cheeses with a touch of garlic. 59-71 pieces/3 lb. resealable bag/\$14.29 **\$13.29**

84¢ per serving

8180 Supersweet Corn

Three times sweeter and crispier than any traditional sweet corn variety. 2-2 lb. resealable bags/\$8.99 **\$8.49**

41¢ per serving



4291

4291 Cheese Ravioli

The taste of homemade without taking an Italian cooking class. Pillows of pasta filled with creamy ricotta. Perfect with any sauce. 100 ravioli/3 lbs./\$9.99 **\$9.49**

68¢ per serving

3499 30 Count String Cheese

Pack the snack that's packed with calcium. A creamy taste kids love that you can feel good about. 80 calories. 30-1 oz. sticks/\$11.49 **\$10.49**

8107 Nesquik® Low Fat Chocolate Milk

This cool packaging can be stored at room temp yet still delivers 100% chocolatey milk kids crave. Chill, shake and serve. 24-8 oz. plastic bottles/\$19.49 **\$17.49**

73¢ each



3499 | 100% NATURAL



8107 | SAVE \$2.00



4910

4910 Apple Blossoms®

Lusciously sweet apple slices under wraps. Light & flaky with a hint of cinnamon. Ready in a flash from the microwave. 8-4 oz./\$11.59 **\$10.59**



Microwaveable Quick Cook



MEATS

PICTURED – SAVE \$1.00

- 1264 MIXED GRILL P. 9**
4-1/4 lb Patties, 4-ChicNSteaks,
4-Boneless Pork Chops/\$16.99 **\$15.99**

BEEF

PICTURED – SAVE UP TO \$1.00

- 1661 1/3 LB. SEASON BEEF PATTIES P. 8**
12-5.3 oz./\$16.69 **\$15.69**
- 1023 1/4 LB. BEEF PATTIES P. 9**
20-4 oz./\$18.99 **\$17.99**
- 1124 ALL BEEF HOT DOGS P. 8**
18-2.67 oz./\$14.39 **\$13.39**
- 1204 BACN WRAP RANCH STEAKS® P. 8**
6-5 oz./\$16.99 **\$15.99**
- 1121 FLAT IRON BEEF STEAKS P. 8**
6-4 oz./\$18.99 **\$17.99**
- 1054 FRENCH DIP P. 7**
2-2 lb. tubs/\$15.99 **\$14.99**
- 1215 ITALIAN STYLE MEATBALLS P. 4**
59-71 pieces/3 lb. resealable bag/\$14.29 **\$13.29**
- 1131 RANCH STEAKS® P. 8**
6-5 oz./\$17.29 **\$16.29**
- 1695 STUFFED PEPPERS P. 7**
4-10 oz./\$13.49 **\$12.49**
- 1208 TERIYAKI STEAK KABOBS P. 8**
8-3 oz./\$18.99 **\$17.99**
- 1141 VIDALIA® ONION BURGERS P. 8**
8-5.3 oz./\$12.59 **\$11.59**
- 1280 WHOLE BEEF FLAT IRON P. 8**
16 oz./\$10.99 **\$9.99**

- 1122 FULLY COOKED POT ROAST**
Lean tender beef in natural juice gravy.
2.25 lbs./\$15.69

1245 GROUND BEEF - TRIAL SIZE

- 2-1 lb. pkg./\$9.49

- 1058 GROUND BEEF - 4 LBS.**
4-1 lb. pkg./\$17.79

- 1096 HOME-STYLE GRAVY & BEEF TIPS**
Beef and mushrooms in a beef gravy.
2.5 lb. pouch/\$14.39

- 7058 MEAT LOAF SLICES**
8-3.5 oz./\$10.99

PORK

PICTURED – SAVE UP TO \$1.00

- 1097 BABY BACK RIBS P. 8**
1 slab/1.75-2 lbs.* @ \$6.49 **\$5.99 per lb.**
- 1226 BCN WRAP PORK TORNEDOS P. 9**
6-4 oz./\$12.59 **\$11.59**
- 1288 PEPPERCORN PORK LOIN P. 2**
1.5 lbs./\$8.99 **\$8.49**
- 1243 PORK FLAT IRON P. 8**
6-5 oz./\$10.69 **\$10.19**
- 3177 RACK OF PORK ROAST P. 8 (LM)**
2.5-3 lbs.* @ \$5.99 **\$5.79 per lb.**
- 1202 BBQ PULLED PORK**
2-1.5 lb. tubs/\$15.69
- 1318 BONELESS PORK CHOPS**
6-5 oz./\$12.29
- 7050 BONELESS PORK RIBLETs**
36-37 pieces/1.75 lbs./\$12.29
- 1144 PETITE BONELESS SLICED HAM**
97% fat free. 2.5 lbs./\$15.99
- 1460 SPIRAL SLICED HAM (LM)**
14.5-18 lbs.* @ \$3.21 per lb.

- 1108 WHOLE PORK TENDERLOINS**
2-3 pieces/2.25 lbs./\$14.69

POULTRY

PICTURED – SAVE UP TO \$1.00

- 3208 ASN STYL NO BONZ CHIC BWL P. 7**
4-5 oz. microwaveable bowls/\$10.99 **\$9.99**
- 3108 CHICKEN FRIES P. 4**
96-120 pieces/3 lb. resealable bag/\$14.99 **\$13.99**
- 3033 CHICKEN NUGGETS P. 7**
62-72 pieces/3 lb. resealable bag/\$13.89 **\$12.89**
- 3146 CHICNSTEAKES - TRIAL SIZE P. 1**
4-4 oz./\$5.29
- 3069 CHICNSTEAKES - 12 PK P. 1** **2 SIZES!**
12-4 oz./\$14.89 **\$13.89**
- 3173 DICED CHICKN TENDERLOINS P. 7**
2-1 lb. bags/\$13.99 **\$12.99**
- 3198 GOURMET BISTRO CHICKEN P. 1**
2-1/2 Chickens/\$11.99 **NEW**
- 3218 LEMON PEPPER CHICNSTEAKES P. 2**
8-4 oz./\$11.89 **\$10.89**
- 3184 NAKD BROC & CHEES STUFF CHIC P. 4**
4-5 oz./\$10.59 **\$10.09**
- 3174 NKD MSHRM & CHEES STUF CHIC P. 2**
4-5 oz./\$10.99 **\$9.99**
- 3167 NO BONZ BFFLO CHICK BOWL P. 7**
4-5 oz. microwaveable bowls/\$10.99 **\$9.99**
- 3180 TERIYAKI CHICKEN KABOBS P. 1**
8-3 oz./\$12.99 **NEW**
- 3072 TERIYAKI CHICNSTEAKES P. 8**
8-4 oz./\$11.89 **\$10.89**
- 3010 TURKEY TORNEDOS P. 9**
6-4 oz./\$12.49 **\$11.49**
- 3193 TURKEY SAUSAGE LINKS P. 2**
40 links/2 lb. resealable bag/\$8.49 **\$7.99**

- 3141 ARTCHK PARMESAN STUFF CHIC BRST**
4-5 oz./\$11.49

- 3171 BREAD CHICKEN BREAST PATTIES**
15-17 pieces/3 lbs./\$14.39

- 3156 BROCLLI & CHEESE STUFF CHICKEN**
8-6 oz./\$15.99

- 7054 CHICKEN & DUMPLINGS**
2.5 lb. pouch/\$10.99

- 3048 CHICKEN CORDON BLEU**
8-6 oz./\$15.99

- 3027 CHICKEN GEMS®**
Crispy breaded uncooked chicken tenderloins.
3 lb. resealable bag/\$13.99

- 3024 CHICKEN KIEV**
8-6 oz./\$15.99

- 3103 CHICKEN PARMESAN PATTIES**
8-3.55 oz./\$13.99

- 7138 CHICKEN POT PIE (LM)**
2.5 lbs./\$10.49

- 7091 CHICKEN STIR-FRY KIT**
4-6 servings/2.4 lbs./\$14.99

- 3070 CHICKEN TENDERS**
2 lb. resealable bag/\$14.79

- 3151 FULLY COOK BUFFALO CHIC BITES**
2 lb. resealable bag/\$13.99

- 3153 GENERAL TSO'S CHICKEN**
4-10 oz. trays/\$11.99

- 3168 HICKORY SMOKED BBQ CHICKEN**
2-1 lb. bags/\$10.99

- 3136 HONEY BBQ CHICKEN TENDERS**
2 lb. resealable bag/\$13.99

- 7170 INDIVIDUAL CHICKEN POT PIES**
4-10 oz. trays/\$9.99

- 3190 NAKED CORDON BLEU STUFF CHICK**
4-5 oz./\$10.99

- 7175 ORANGE CHIC W/VEGGI FRIED RICE**
13 oz. tempura chicken/29 oz. vegetable fried
rice/10 oz. sauce/\$13.59

- 3073 ORIENTAL STYLE CHICKEN W/SC**
2 lbs. w/2-4 oz. sauce packets/\$12.79

- 3158 POPCORN CHICKEN**
2 lb. resealable bag/\$10.99

- 3164 SEASONED CHICK BREAST STRIPS**
2 lb. resealable bag/\$14.69

SEAFOOD

PICTURED – SAVE UP TO \$1.00

- 2125 HADDOCK FILLETS P. 8**
6-4 oz./\$16.69 **\$15.69**
- 2178 LEMON PARMESAN SALMON P. 2**
4-5 oz./\$17.49 **\$16.49**
- 2114 MARGARITA TILAPIA P. 2**
5-8 fillets/1.5 lbs./\$12.99
- 2405 OVN-RDY BUTTERFLY SHRIMP P. 4**
18-25 per lb./2 lbs./\$16.99 **\$15.99**
- 2050 SEASONED SALMON P. 1**
4-5 oz./\$17.49 **\$16.49**
- 2156 SHRIMP SCAMPI P. 2**
2-8 oz. pouches/\$12.99 **\$11.99**

- 2117 BATTERED ALASKA COD**
2-12 oz. bags/\$9.89

- 2113 BREADED FISH NUGGETS**
2-12 oz. bags/\$11.99

- 2145 CRAB CAKES**
8-2 oz./\$14.89

- 2141 GARLIC & HERB SHRIMP**
51-60 per lb./1 lb./\$14.99

- 2041 GOURMET STUFFED FLOUNDER**
6-5 oz. fillets/\$19.69

- 2129 OVEN RDY BREAD COCONUT SHRIMP**
31-37 pieces/1.5 lbs./\$14.99

- 2090 JUMBO PARTY SHRIMP W/SAUCE**
26-30 per lb./1 lb./\$16.59

- 2189 KRISPY KRUNCHY COD**
9-3.6 oz./\$14.59

- 2086 LARGE SHRIMP**
31-40 per lb./1 lb./\$14.69

- 2014 LMN PEPPER BRD HADDOCK FILLETS**
1.5 lbs/\$14.69

- 2017 POTATO ENCRUSTED POLLOCK**
White fish, crunchy potato coating.
6-4 oz./\$10.99

- 2171 PREMIER POPCORN SHRIMP**
67-98 pieces/1.5 lbs./\$8.69

- 2082 WILD ALASKAN GRILLED SALMON**
6-4 oz. fillets/\$15.79

BREAKFAST

PICTURED – SAVE UP TO \$1.00

- 5117 BREAKFAST QUESADILLAS P. 7**
8-3.75 oz./\$13.49 **\$12.49**
- 5131 FRENCH TOAST STICKS P. 1**
43-45 sticks/2.5 lbs./\$7.99 **\$7.49**
- 4068 FULLY COOKED BACON SLICES P. 9**
40 slices/\$16.69 **\$15.69**
- 5044 HAM, EGG WHT, CHES ENG MUFFN P. 7**
6-4 oz./\$9.69 **\$9.19**
- 5091 MICROWAVE PANCAKES P. 7**
18-3 packs/3.75 in. dia./3 lbs./\$10.69 **\$10.19**
- 4079 OATMEAL W/MIXED BERRIES P. 2**
8-6 oz./\$9.49 **\$8.99**

- 5171 APPLE BERRY BREAKFAST BOWL**
4-5.8 oz. bowls/\$8.29

- 2281 BREAKFAST PIZZAS**
6-6 inch pizzas/\$11.29

- 5160 CHOCOLATE CHIP MINI PANCAKES**
2-48 packs/1.65 lbs./\$11.29

- 5169 CINN CRNCH FRENCH TOAST BITES**
44-48 sticks/2 lbs./\$8.99

- 5086 CINNAMON SCONES**
12-2.5 oz./\$10.39

- 5092 GOURMET CINNAMON ROLLS**
12-3 oz. rolls & 12 icing packs/\$9.99

- 5157 MINI CHEESE OMELETS**
12-2 oz./\$9.49

- 5022 MINI DONUTS W/CINN SUGAR KIT**
6-6 donuts/6 cinnamon sugar packets/
6 shaker bags/\$9.99

- 5094 ULTIMATE BREAKFAST COOKIE**
12-2.2 oz./\$9.49

- 5184 WAFFLE STICKS - MAPLE**
12-2.33 oz./\$10.99

SIDE DISHES

PICTURED – SAVE UP TO \$1.00

- 8205 9-GRAIN ORZO BLEND P. 2**
1.5 lb. resealable bag/\$7.99 **\$7.49**
- 8175 BABY BAKED POTATOES P. 8**
2 lb. resealable bag/\$10.99 **\$9.69**
- 4688 BROCCOLI FLORETS P. 4**
2-2 lb. resealable bags/\$9.49 **\$8.99**
- 4261 FIVE CHEESE GARLIC TOAST P. 2**
16 slices/\$6.49 **\$5.99**
- 7782 FRENCH BREADSTICKS P. 1**
20-1.5 oz./\$9.29 **\$8.29**
- 4098 STEAKHOUSE ONION RINGS P. 9**
2 lbs./\$7.99 **\$6.99**
- 8180 SUPERSWEET CORN P. 4**
2-2 lb. resealable bags/\$8.99 **\$8.49**
- 7763 VEGETABLE FRIED RICE P. 4**
2-1 lb. rice & sauce/\$8.49 **\$7.99**

- 8189 BAJA ROASTED CORN BLEND**
2 lb. resealable bag/\$7.99

- 2245 BOSCO® BREADSTICKS**
18-3.1 oz./\$13.89

- 8162 "EXTRA YOUNG" TINY PEAS**
2-2 lb. resealable bags/\$9.69

- 8168 GOURMET GREEN BEANS**
2-2 lb. resealable bags/\$10.29

- 8137 GREEN BEAN MUNCHTABLES**
3-10 oz. bags/\$8.99

- 7792 HOME-STYLE BISCUIT DOUGH**
22-24 pieces/3.75 lbs./\$8.59

- 8150 KYOTO BLEND**
2 lb. resealable bag/\$8.99

- 4296 LONG GRAIN & WILD RICE MEDLEY**
2/1 lb./\$7.29

- 8188 MANDARIN CITRUS BLEND**
2-1lb. bags/\$8.29

- 4694 MASHED POTATO PATTIES**
12-3 oz./resealable bag/\$7.99

- 8174 NANTUCKET ISLAND BLEND**
2 lb. bag/\$7.39

- 4680 QUICK 'N' CRISPY FRENCH FRIES**
2.5 lb. resealable bag/\$7.99

- 4281 SWEET POTATO FRIES**
2-1 lb. bags/\$8.49

- 4250 SWEET POTATO MEDLEY**
Three way blend of sweet, redskins and russets.
1.5 lb. resealable bag/\$9.69

8143 YIN YANG VEGETABLE BLEND

2 lbs./\$8.29

8169 YUKON GOLD POTATO & VEG BLEND

Yukon Gold potatoes & veggies with lemon & herbs. 2 lbs./\$7.39

APPETIZERS**PICTURED - SAVE UP TO \$1.00****4042 BRD MOZZRLLA STICKS W/SCE P. 4**
35-45 sticks/6 sce packets/3.25 lbs./\$13.39 **\$12.39****4120 THREE CHEES MINI PZZA BGELS P. 2**
36 bagels/\$10.59 **\$10.09****4030 BUFFALO CHICKEN STICKS**Buffalo wing taste in a crunchy spring roll.
2.5 lbs/approx. 40 sticks/\$12.79**4048 EGG ROLLS WITH SAUCE**

24-1.5 oz. egg rolls/3 sce packets/\$14.49

7851 LI'L BAGEL DOGS

28-32 pieces/1.25 lbs./\$9.99

4067 MINI CHICKN CORDON BLEU BITES

31-33 pieces/2 lbs./\$11.99

6020 POTATO SKINS

Approx. 15 pieces/1 lb./\$8.29

4108 STUFFED APPETIZER BREADWith mozzarella and pepperoni.
2-22 oz. loaves/\$12.99**4058 STUFF SHRMP W/MONTRY JACK CHEES**

2-12 oz. bags/\$13.39

PIZZA & PASTA**PICTURED - SAVE UP TO 50¢****3455 CHEESE PIZZA EAT-ZZAS™ P. 4**
6-5 inch/\$8.99 **\$7.89****4291 CHEESE RAVIOLI P. 4**100 ravioli/3 lbs./\$9.99 **\$9.49****4608 ESY MAC & CHEES BY KRAFT™ P. 7**8-7 oz. packages/\$10.59 **\$10.09****3456 PEPPERONI PIZZA EAT-ZZAS™ P. 7**6-5 inch/\$8.99 **\$8.49****7076 STUFFED EGGPLANT P. 7**8-3.5 oz. pcs./\$9.69 **\$9.19****7148 BAKED MANICOTTI**

6 manicotti/2.18 lb. tray/\$10.29

7135 CHEESE LASAGNA ROLLUPS

12-2.75 oz./\$11.99

7081 CHEESE PIZZAS

3-12 inch/\$12.99

7068 MARGHERITA FLATBREAD

Tomatoes & mozzarella atop a cracker-thin crust. 11 oz./\$6.79

4035 MEDITERRANEAN PIZZASSpinach, tomatoes, mozzarella & feta.
2-7x9 inch/\$8.99**7088 PEPPERONI THIN CRUST PIZZA**

3-12 inch/\$13.99

7847 STUF RIGATONI W/ITALIAN SAUSAGE

4-10 oz. trays/\$14.99

4026 TUSCAN CHICKEN FLATBREAD

12.75 oz./\$6.99

SOUP & SANDWICHES**PICTURED - SAVE UP TO \$1.00****7151 CHEESY BAKED POTATO SOUP P. 1**
32 oz. pouch/\$9.69 **\$9.19****7057 TURKEY CHILI P. 2**32 oz. pouch/\$10.99 **\$9.99****7168 BROCCOLI & CHEDDAR SOUP**

32 oz. pouch/\$9.89

6153 CHOP HOUSE® CHEESEBURGERS

6-4.8 oz./\$11.99

7163 ITALIAN WEDDING SOUPMeatballs, pasta, spinach in chicken broth.
32 oz. pouch/yields 64 oz./\$9.69**3434 PB&J SQUAREWICHES®**

8-2.7 oz./\$9.49

7007 PHILLY CHEESE STEAK KITIncludes beef, rolls, onions and mozzarella.
4 sandwiches/2.63 lbs./\$12.99**7181 ROASTED STEAK & BARLEY SOUP**

32 oz. pouch/\$9.99

7065 SMK HAM & PROVLNE PRTZL SAND

6-5.8 oz./\$14.29

7165 TOMATO BASIL RAVIOLINI SOUP

Condensed. 32 oz./yields 64 oz./\$10.99

7173 TURKEY & CHEESE PRETZEL SAND

6-5 oz./\$14.39

7021 UNO'S® PEPPERONI TASTEFULLS™Pepperoni and mozzarella pocket.
6-4 oz. individually wrapped/\$10.99**DESSERTS****PICTURED - SAVE UP TO \$1.00****4910 APPLE BLOSSOMS® P. 4**8-4 oz./\$11.59 **\$10.59****5240 CHOCO CHUNK COOKIE DGH P. 3**

48-9 oz./\$14.50

5241 CHOC MINT CHIP COOKIE DGH P. 3

48-9 oz./\$14.50

5242 LEMON COOLER COOKIE DGH P. 3

48-9 oz./\$14.50

5243 M&M® COOKIE DOUGH P. 3

48-9 oz./\$14.50

5244 OATMEAL RAISIN COOKIE DGH P. 3

48-9 oz./\$14.50

5245 PEANUT BUTTER COOKIE DGH P. 3

48-9 oz./\$14.50

5246 SNICKERDOODLE COOKIE DGH P. 3

48-9 oz./\$14.50

5247 SGR FREE CHOC CHIP CKIE DGH P. 3

48-9 oz./\$14.50

5248 WHT CHOC MCDMIA NUT CD P. 3

48-9 oz./\$14.50

4623 APPLE DEEP DISH PIE

10 inch/\$12.00

7680 CHOCO-CHOCO CHIP CAKES

Rich, moist chocolate cake with chocolate chips. 12-2 oz. individual cakes/\$10.99

4809 CHOCOLATE CHIP COOKIE DOUGH

61-75 pieces/3 lbs./\$7.99

3402 CHOCO CHIP COOKIE DOUGH CUPSA safe to eat frozen cookie dough. Egg-free.
8-3 oz. cups/\$7.99**4596 CHOCO CHIP COOKIE MELTDOWN**Decadent fudge stuffed chocolate chip cookie.
4-4 oz./\$8.49**4660 PINEAPPLE UPSIDE DOWN CAKE**Buttery caramel glaze. Individually wrapped.
4-4.9 oz./\$9.89**4942 VARIETY CHEESECAKE**Turtle, New York, Chocolate & Strawberry Swirl.
8 inch/pre-sliced/\$13.00**SNACKS****PICTURED - SAVE UP TO \$1.00****8858 AMERICAN CHEESE P. 9**72 slices/3 lbs./\$13.79 **\$12.79****3436 COLBY JACK SNACK STICKS P. 1**24-83 oz. sticks/\$9.49 **\$8.99****3496 GOGO SQUEEZ™ P. 2**18-3.2 oz./\$12.99 **\$11.99****3499 STRING CHEESE P. 4**30-1 oz. sticks/\$11.49 **\$10.49****3438 40 PACK SNAP PRETZELS**

40-5 oz. bags/\$7.99

3454 DOUBLE CHOCOLTE PROTEIN BARS

8-1.70 oz./\$9.99

3458 DRIED FRUIT MEDLEY

18-1 oz./\$14.49

5111 FRUIT SINGLES®

12-4 oz. cups/\$9.99

3426 FRUIT SNACKS VARIETY PACK

28-84 oz. pouches/\$6.99

3409 GIANT CINNMN GOLDFISH® GRAMSThe perfect lunch box treat.
25-9 oz. pouches/\$6.99**3451 JUMBO COUNT SWEET & SALTY MIX**

36-5 oz. pouches/\$8.99

3468 MOVIE NITE MIX™Chocolate covered raisins, peanuts, malt balls.
1.5 lb. resealable bag/\$9.99**3452 PB&J GRAHAMWICHES**

12-2.2 oz. sandwiches/\$10.99

6166 QUAKER CHEWY® GRANOLA BAR PK

24-84 oz./\$8.29

BEVERAGES**PICTURED - SAVE \$2.00****8107 NESQUIK® LOW FAT CHOC MILK P. 4**24-8 oz. plastic bottles/\$19.49 **\$17.49****8099 AriZona® CONCENTARTE - SWT TEA**4-8 oz. cans/yields 2 gallons/\$8.29 **\$7.69****8091 ARNOLD PALMER® ICE TEA LEMN STX**

2-30 count boxes/\$14.99

8105 CUPS FOR HOPE DAILY COFFEE

2-12 oz. bags/\$15.99

8118 GATORADE® KID-SIZE VARIETY PK

24-12 oz. plastic bottles/\$14.89

8088 NESTLE® JUICY JUICE® - APPLE

24-10 oz. plastic bottles/\$18.59

8116 TROPICANA® ORANGE JUICE SINGLES

24-8 oz. cartons/\$14.69

SEASONINGS & SAUCES**PICTURED - SAVE UP TO 50¢****7330 A SAUCE FOR ALL SEASONS P. 1**18 oz. wt. bottle/\$3.99 **NEW****7293 CITRUS HERB BLEND P. 9 LM**5.11 oz./\$4.99 **\$4.49****7292 GARLIC PARMESAN BLEND P. 9 LM**3.88 oz./\$4.99 **\$4.49****7282 A SALT FOR ALL SEASONINGS LM**Sea salt, lemon peel, garlic & red bell pepper.
6.87 oz./\$4.99**7290 BROWN SUGAR BBQ RUB LM**Sweet and smoky with just a bit of zip.
5.64 oz./\$4.99**CLEANSERS****3702 3X LAUNDRY DETERGENT LM**50 fl. oz. triple-power liquid detergent/
washes 50 loads/\$10.99

★★★★★

3704 FLOOR CLEANSER CONCENTRATE LMSuds away grime & dust. Safe for hard surfaces.
2-16 oz. bottles concentrated cleanser/
makes 32 gallons/\$6.99**3705 KITCHEN CLEANSER CONCENTRATE LM**Breaks down baked-on buildups.
3-1 fl. oz. concentrated cleanser packets,
1-16 oz. spray bottle/makes 3 bottles/\$7.99**3701 STAIN ERASER WIPES LM**On-the-go solution for quick clean-ups.
15 biodegradable towelettes/\$5.49

★★★★★

ICON GUIDE **Taste for Health®**
Contain no more than 300 calories,
10g total fat, & 600mg sodium per serving. **Market Day Naturals®**
No preservatives, artificial flavors or
colors and have 0 grams trans fat. **Microwaveable**
Easily prepared with great results
in the microwave. **Quick Cook**
From freezer to table in 15 minutes or less. **Peanut/Nut Free**
Check website for most up-to-date info. **Gluten Free**
Check website for most up-to-date info. **Last Month This Season**
Stock up, these items will not appear in
next month's Order Guide. **USDA Choice Meat**
USDA grade of Choice is known for
exquisite taste and tenderness.For nutrition and allergy information
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Last Name _____

First Name _____

Please Fill in Total
Quantity Ordered _____

E-mail _____

 Opt-In

Address _____

 I want to volunteer.

Home Phone _____ - _____ - _____

City _____ State _____ Zip _____
Cell or Other _____ - _____ - _____

Order Sheet # _____

For Chairperson
Use Only**Satisfaction
Guaranteed!****RD**

Quick & Easy Meals

These super easy, no hassle meals are so tasty they're sure to be a hit with the family. Not to mention, they'll be a real life-saver when you're strapped for time.

1695 Stuffed Peppers

A classic comfort food. Delicious individual entrées, made with green bell peppers stuffed with white rice, ground beef & tomato sauce. 4-10 oz./\$13.49 **\$12.49**

1054 French Dip

Say "oui oui" to this French favorite. Loads of roast beef sliced ultra thin. With seasoned au jus. Fully cooked. 95% fat free. 2-2 lb. tubs/\$15.99 **\$14.99**

3173 Diced Chicken Tenderloins

Add pizzazz to your recipes with bite size chunks of moist and tender all white meat chicken. Irresistibly easy. Fully-cooked. 2-1 lb. bags/\$13.99 **\$12.99**

3456 Pepperoni Pizza Eat-zzas™

Spice up the night with a devilishly delish deep-dish pizza. The mild taste of reduced fat pepperoni on an individual crust. Enjoy! 6-5 inch/\$8.99 **\$8.49**

5091 Microwave Pancakes

Wake up and smell the pancakes. A light 'n fluffy short stack that's not short on flavor. Top with butter and your favorite syrup. 18-3 packs/3.75 in. dia./3 lbs./\$10.69 **\$10.19**

★★★★★

3167 No Bonz Buffalo Chicken Bowl

All white meat chicken chunks breaded & dunked in a spicy sauce. Convenient microwaveable bowl for quick snacking or a jazzed up lunch. 4-5 oz. microwaveable bowls/\$10.99 **\$9.99**

★★★★★

7076 Stuffed Eggplant

Breaded slices of eggplant stuffed with ricotta cheese. Top with your own sauce. 8-3.5 oz. pcs./\$9.69 **\$9.19**

5117 Breakfast Quesadillas

Add Southwest sizzle to your morning without touching the griddle. Cheddar, scrambled eggs and bacon between two flour tortillas. 8-3.75 oz./\$13.49 **\$12.49**

★★★★★

3208 Asian Style No Bonz Chicken Bowl

Tender, lightly breaded chicken breast chunks smothered in a mild, savory yet sweet Asian chili sauce. Microwaveable. 4-5 oz. microwaveable bowls/\$10.99 **\$9.99**

3033 Chicken Nuggets

A drive thru favorite in your freezer. A crunchy light coating makes these precooked all-white meat chicken nuggets perfect for dipping.

62-72 pieces/3 lb. resealable bag/\$13.89 **\$12.89**

5044 Ham, Egg White, Cheese English Muffin

Delight your taste buds with this high protein breakfast sandwich. A quick start to a great day. Individually wrapped and microwaveable. 6-4 oz./\$9.69 **\$9.19**

4608 Easy Serve Mac & Cheese by Kraft®

Same classic "blue box" flavor, made with real milk. Single serve. No mix, no water. Microwave and serve. Market Day exclusive. 8-7 oz. packages/\$10.59 **\$10.09**

🌱 Peanut/Nut Free 🌾 Gluten Free

Prices valid for sale dates 4/29/12 – 5/26/12.



1695



1054



3173



3456



5091



3167



7076



5117



3208



3033



5044



4608

1661



2125



3072



1121



3177



1243



1097



1208



1141



8175



1131



1204



1124



1280



Grill 'Em UP

Get in the grilling spirit and try one of these delicious dinner options. There's so many tasty items to choose from, you'll surely find something for everyone.

1661 1/3 lb. Seasoned Beef Patties

Open wide for this Market Day exclusive! 80% lean beef. 12-5.3 oz./\$16.69 **\$15.69**

2125 Naked Haddock Fillets

Delicious flaky white fish, with a mild taste and firm texture that seafood lovers crave. Additive free. Individually wrapped. 6-4 oz./\$16.69 **\$15.69**

3072 Teriyaki ChicNSteakes

Glazed with a teriyaki sauce, these skinless, boneless breasts are 94% fat free. 8-4 oz./\$11.89 **\$10.89**

1121 Flat Iron Beef Steaks

Turn on your taste buds with these sizzling steaks seasoned with a sweet and smoky rub. Beautifully marbled for full flavor throughout. 6-4 oz./\$18.99 **\$17.99**

3177 Rack of Pork Roast

Cut from the finest pork, bone-in for extra flavor to ensure moist, tender slices every time. Fabulous presentation that's super easy. 2.5-3 lbs.* @ \$5.99 **\$5.79 per lb.**

1243 Pork Flat Iron

A new steakhouse style cut from the top of the sirloin. Each bite will be tender and tasty, and it's a sure-fire winner on the grill. 6-5 oz./\$10.69 **\$10.19**

1097 Baby Back Ribs

Uncooked pork ribs just waiting to be smothered with your favorite BBQ sauce then grill or bake to perfection. Restaurant quality. 1 slab/1.75-2 lbs.* @ \$6.49 **\$5.99 per lb.**

1208 Teriyaki Steak Kabobs

No assembly required. Kabobs featuring tender chunks of steak marinated in authentic teriyaki spices. Vacuum sealed. Ready to grill. 8-3 oz./\$10.99 **\$17.99**

1141 Vidalia® Onion Burgers

A legendary two fist burger with the sweetness of Vidalia® onions and juicy ground beef. An easy hearty meal for one on a bun. 8-5.3 oz./\$12.59 **\$11.59**

8175 Baby Baked Potatoes

Lightly seasoned with garlic and ready in just 10 minutes from the microwave. Slice and fry for delicious breakfast potatoes. 2 lb. resealable bag/\$10.19 **\$9.69**

1131 Ranch Steaks

These center-cut steaks take center stage on any grill or broiler. Lean, juicy and individually wrapped. Hand trimmed, boneless. 6-5 oz./\$17.29 **\$16.29**

1204 Bacon Wrapped Ranch Steaks

Pepper bacon kicks up the flavor of these major hunks of rich and juicy steak. Hand trimmed and hearty enough for your inner cowboy. 6-5 oz./\$16.99 **\$15.99**

1124 All Beef Hot Dogs

Frankly the best. 100% beef, they're a 100% kid-pleaser. Fully cooked, just thaw and heat. 18-2.67 oz./\$14.39 **\$13.39**

1280 Whole Beef Flat Iron

100% USDA choice beef. Juicy and flavorful, perfect for grilling. Great for sandwiches, wraps, or salads. Marinade or season to taste. 16 oz./\$10.99 **\$9.99**

USDA Choice Meat

*Total price based on actual weight.



\$1.34 per serving

Great Value & Variety!

1264 Mixed Grill

- 4-1/4 lb Patties,
- 4-4 oz. ChicNSteaks
- 4-5 oz. Boneless Pork Chops

~~\$16.99~~ **\$15.99**

“Great deal. I loved the pork chops; they turned out so juicy and flavorful. I will buy again and again.”
—Wisconsin



Build Your Own Bistro Burger!

a. 4098 Steakhouse Onion Rings

Steakhouse style whole rings of sweet onions. Dipped in a golden batter and lightly fried. Crispy and crunchy baked in the oven. 2 lbs./\$7.99 **\$6.99**

64¢ per serving

c. 8858 American Cheese

Our customer's favorite brand is back! Creamy deli quality 100% real cheese slices that are great for burgers, grilled cheese & snacks. 72 slices/3 lbs./\$13.79 **\$12.79**

18¢ per serving

b. 1023 1/4 lb. Beef Patties

Beef up your bun with a juicy patty of pure beef and nothin' else. 80% lean yet loaded with flavor. Individually quick-frozen. 20-4 oz./\$18.99 **\$17.99**

90¢ each

d. 4068 Fully Cooked Bacon Slices

Super easy and super fast. This lean bacon is great for breakfast, burgers & BLTs. Individual slices allow you to use what you need. 40 slices/\$16.69 **\$15.69**

See marketday.com/burgers for 9 other ways to dress up your burger!

3010 Turkey Tournedos

All-white turkey filets wrapped in turkey bacon. Gourmet flavor off the grill that's a healthy family choice. Individually wrapped. 6-4 oz./\$12.49 **\$11.49**

1226 Pork Tournedos

Moist pork filets each wrapped in a slice of mild pepper bacon. Irresistibly juicy, yet surprisingly lean. Individually wrapped. 6-4 oz./\$12.59 **\$11.59**



7292 Garlic Parmesan Blend

A bold Caesar-style blend of garlic, Romano and Parmesan cheeses accented with onions and just a touch of anchovies. 3.88 oz./\$4.99 **\$4.49**

Tastes great with #8175 Baby Baked Potatoes



7293 Citrus Herb Blend

A delightful, bright blend of fresh-tasting orange, lemon and lime zest fused with basil, rosemary, thyme and oregano. 5.11 oz./\$4.99 **\$4.49**

Tastes great with #2125 Naked Haddock Fillets

FREE
1 1/4 lb. of
Quick 'n' Crispy
Shoestring Fries
 with \$40 purchase*



PLUS



FREE
4-Pack of 1/4 lb.
Beef Patties
 with \$90 online purchase*
 Promo Code: **MAYBONUS**

ONLINE ONLY!

*Purchase requirement before tax. Limit 1 free 1 1/4 lb. of Quick 'n' Crispy Shoestring Fries & 1 free 4-Pack of 1/4 lb. Beef Patties per qualifying customer. Online offer only valid for orders placed at marketday.com using promo code at checkout. Promotion not available in Market Day/Sara Lee stores or Peapod orders. No substitutions. Promotion subject to change or termination without notice.



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 any order with 1800Flowers.com®
 with any purchase on marketday.com
 from 4/16 - 5/14/12

*Discount offer available only to customers placing orders on marketday.com from April 16, 2012 through May 14, 2012. Additional restrictions apply, see website for details.

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 UP TO
 24 SODA
 CANS!**

- Insulated
- Zipper Closure
- Reinforced Handle
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22" w x 11" h x 10" d
- Great for the pool,
beach or picnics



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FREE Cooler Tote!

If you've been participating in the Freequent Buyer® program, this is the month to redeem your reward. If you made two purchases of \$40* between February and April, simply place a third \$40* purchase this month to receive a FREE Cooler Tote at your May sale pick-up.

*Free Cooler Tote with qualifying purchase; purchase amount is calculated after applicable discounts/coupons and before tax. Market Day may substitute a free item of equal value if quantities of cooler totes are depleted. Not valid at Market Day/Sara Lee stores or on Peapod orders. Limit 1 qualifying order per customer per promotional period. Promotion effective for pick-up dates 1/29/12-5/26/12. Promotion subject to change or termination without notice.



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